

# ALEXANDER ZURIARRAIN, MD, FACS, FAACS

Zuri Plastic Surgery  
7540 SW 61 Avenue  
South Miami, FL 33143

## Education

- 01/2019-01-2020** American Academy of Cosmetic Surgery Fellowship  
General and Facial Cosmetic Surgery
- 07/2016- 07/2017** Plastic and Reconstructive Surgery Residency  
Cleveland Clinic  
Chief Resident
- 07/2014 – 07/2016** Plastic and Reconstructive Surgery Residency  
Cleveland Clinic
- 07/2013 – 07/2014** General Surgery Residency  
University of New Mexico  
Chief Resident
- 07/2010 – 07/2013** General Surgery Residency  
University of New Mexico
- 07/2009 – 07/2010** General Surgery Internship  
University of New Mexico
- 07/2005 – 07/2009** Doctor of Medicine  
Ponce School of Medicine
- 07/2001 – 07/2005** Bachelor of Arts  
Psychology  
North Carolina State University  
Park Scholar Recipient  
Cum Laude Graduate
- 08/1994 – 07/2001** High School  
Belen Jesuit Preparatory School  
Miami, Florida

## Faculty Appointments

- 06/2020** Assistant Professor  
Department of Surgery  
Larkin Community Hospital
- 01/2020** Assistant Professor  
Department of Surgery

Florida International University  
Herbert Wertheim College of Medicine

12/2020     Assistant Professor  
Department of Surgery  
Lake Erie College of Medicine

### **Professional Committee Appointment**

10/2020 – 10/2021     Leadership Development Committee Member  
American Society of Plastic Surgeons

### **Research Experience**

- 07/2020     Wong A, Selsky A, Zuriarrain A. Safety of Ultrasound-Guided Gluteal Fat Grafting. *AJCS*. 2020
- 06/2020     Morgan J, Rodriguez M, Zuriarrain A, Bursac Z. Prospective study to identify the presence and prevalence of personality traits and other influences relevant to cosmetic surgery interest, patient selection and surgical outcome in a diverse aesthetic surgery practice. *Int Res J Med Med Sci*. 2020
- 06/2020     Wong A, Selsky A, Zuriarrain A. Potential Advantages of Wireless Ultrasound-Guided Transversus Abdominis Plane Block for Pain Control Post-Abdominoplasty. *AJCS*. 2020
- 05/2017     Bauermeister A, Zuriarrain A, Earle S, Medina M. Impact of Continuous Two Team Approach in Autologous Breast Reconstruction. *J Reconstr Microsurg*. 2017
- 04/2016     Goldberg J, Zuriarrain A, Brooks C. Pedicled Breast Flap for Soft Tissue Coverage of a Forearm Blast Injury. *PRS GO*. 2016.
- 02/2016     Bauermeister A, Zuriarrain A, Newman M. Reduction Mammoplasty with Superomedial Pedicle Technique: A Retrospective Review of 726 Consecutive Breast Reductions.
- 08/2015     Bauermeister A, Zuriarrain A, Newman M. 3D Printing in Plastic and Reconstructive Surgery: A Systematic Review. *Ann Plast Surg*. 2015.
- 04/2015     Zuriarrain A, Newman M, Kusuma S. Safety in high-volume hyaluronic acid dermal filler injection with Perlane® for facial rejuvenation. *Manuscript submitted for publication*.
- 02/2015     Zuriarrain, A. Safety in high-volume hyaluronic acid dermal filler injection with Perlane® for facial rejuvenation. American Society of Plastic Surgeons; Boston, MA. Podium presentation.
- 01/2015     Zuriarrain, A. Safety in high-volume hyaluronic acid dermal filler injection with Perlane® for facial rejuvenation. Aesthetica Symposium. 1<sup>st</sup> Annual Conference of the American Society of Plastic Surgeons; Las Vegas, NV.

Podium Presentation.

- 01/2015** Zuriarrain, A. Safety in high-volume hyaluronic acid dermal filler injection with Perlane® for facial rejuvenation. 58<sup>th</sup> Annual Scientific Meeting of the Southeastern Society of Plastic and Reconstructive Surgeons. Amelia Island, FL. Poster presentation.
- 03/2015** Zuriarrain, A. Safety in high-volume hyaluronic acid dermal filler injection with Perlane® for facial rejuvenation. Cleveland Clinic Florida Resident and Fellow Research Competition. Weston, FL. Poster presentation.
- 06/2015** Zuriarrain A, Bauermeister A, Newman M. Breast Reconstruction: Art, Science, and New Clinical Techniques. New York, N.Y.: Springer; 2015.
- 05/2011** Zuriarrain A, Shay A, Demarest, G. The sentinel placement of an open abdomen negative pressure therapy unit. *Int J Surg Case Rep.* 2011; 2: 4-5.
- 04/2011** Zuriarrain A, Bocklage T, Rajput A. Pseudopapillary tumor of the pancreas in a 17-year-old girl. *JCO.* 2011; 395-396.
- 08/2006** Henry Ford Hospital Summer Fellowship Student Research/Surgical Experience

### **Current Certifications**

- 12/2021** Fellow of the American Academy of Cosmetic Surgeons
- 11/2021** Board-Certified Facial Cosmetic Surgeon, American Board of Facial Cosmetic Surgery
- 11/2021** Board-Certified Cosmetic Surgeon, American Board of Cosmetic Surgery
- 11/2021** Board-Certified Plastic and Reconstructive Surgeon, American Board of Plastic Surgery
- 10/2019** Fellow of the American College of Surgeons, American College of Surgeons
- 11/2014** Board-Certified General Surgeon, American Board of Surgery
- 05/2014** Advanced Trauma Life Support, American College of Surgeons
- 02/2013** Fundamentals of Laparoscopic Surgery Certificate, Society of American Gastrointestinal Endoscopic Surgeons
- 03/2013** SPY Elite System Training, Life Cell Corporation
- 04/2017** Advanced Cardiac Life Support, American Heart Association,
- 05/2017** Basic Life Support, American Heart Association

## **Medical License**

11/2018-01/2021 Florida Medical Board  
Medical Doctor License #ME 121702

## **Hospital Privileges:**

2017 Plastic and Reconstructive Surgery:  
Baptist Hospital, Miami, FL  
South Miami Hospital, Miami, FL  
Larkin Community Hospital, Miami, FL  
Kendall Regional Hospital, Miami, FL

## **Professional Development:**

2022 American Society of Aesthetic Plastic Surgery, National Meeting, San Diego, CA

2021 American Society of Plastic Surgeons, National Meeting, Virtual

2020 American Society of Plastic Surgeons Oral Board Preparation Course.

2020 54th Annual Baker Gordon Aesthetic Plastic Surgery Symposium. Miami, FL

2019 American College of Surgeons, National Meeting, San Francisco, CA

2017 American Society of Plastic Surgeons, National Meeting. Orlando, FL

2017 American Society for Aesthetic Plastic Surgery, National Meeting. San Diego, CA.

2017 Clinical Insights on Lasers in Aesthetics, Educational Course by Sciton. Miami, FL

2016 Advances in Aesthetics: A Global Treatment Approach to Optimizing Patient Outcomes. Hands-on workshop focusing on the use of fillers and neuromodulators for aesthetic enhancement. Boca Raton, FL.

2016 AO North America, Hand and Wrist Comprehensive Management Course. Orlando, FL

2016 American Society of Plastic Surgeons Board Preparation Course. Chicago, IL

2016 50th Annual Baker Gordon Aesthetic Plastic Surgery Symposium. Miami, FL

2015 American Society of Plastic Surgeons. National Meeting. Boston, MA.

2015 AO North America, Principles of Operative Treatment of Craniomaxillofacial Trauma and Reconstruction. Chicago, IL

2015 Cleveland Clinic Florida Hand and Upper Extremity Surgery Symposium. Weston, FL

2015 American Society of Plastic Surgeons, Aesthetica Symposium. Las Vegas, NV

- 2015** 58<sup>th</sup> Annual Scientific Meeting of the Southeastern Society of Plastic and Reconstructive Surgeons. Amelia Island, FL
- 2015** 49th Annual Baker Gordon Aesthetic Plastic Surgery Symposium. Miami, FL
- 2015** AO North America, Hand and Wrist Fracture Management Course, Rush University, Chicago, IL
- 2015** American Society of Maxillofacial Surgeons, Basic Maxillofacial Principles and Techniques Course, University of Miami School of Medicine. Miami, FL
- 2014** The Artistry behind the Science: Aesthetic Medicine Advanced Facial Rejuvenation Course
- 2012** Residents as Educators course, winner of resident essay competition, UNM Hospital
- 2012** Evidence based medicine course for surgical residents, UNM Hospital
- 2012** Surgical Solutions Symposium on Abdominal Wall Reconstruction with on-site cadaver dissection. Life Cell Corp.
- 2011** Surgical Solutions Symposium on Breast Reconstruction with on-site cadaver dissection. Life Cell Corp.
- 2009** University of Texas-Southwestern: 2nd Annual Plastic Surgery Current Concepts in Abdominal Wall Reconstruction Symposium with on-site cadaver dissection.
- 2008** American College of Surgeons (Puerto Rico Chapter). Annual Meeting
- 2004** National Collegiate Emergency Medical Services Foundation: 11th Annual Conference
- 2003** National Collegiate Emergency Medical Services Foundation: 10th Annual Conference, "Educating the Future of EMS"
- 2002** National Collegiate Emergency Medical Services Foundation: 9th Annual Conference, "Professionalism within Collegiate EMS"
- 2002** Student National Medical Association: 37th Annual Conference, "Closing the Gap: Achieving Social Balance in Health"

### **Leadership and Honors**

- 2021** Recipient of the Robert F. Jackson, MD Award for achieving the highest score on the oral board examination for the American Board of Cosmetic Surgery
- 2019** Top 10 Plastic Surgeon, National Academy of Plastic Surgeons.
- 2019** "10 Best" plastic surgeons in the State of Florida for patient satisfaction, American Institute of Plastic Surgeons.

- 2016** “10 Best” plastic surgeons in the State of Florida for patient satisfaction, American Institute of Plastic Surgeons.
- 2012** American Society for Surgery of the Hand, winner of the national scholarship competition to attend the 67th annual meeting and 30th annual residents and fellows conference. Chicago, IL
- 2011** University of New Mexico Hospital, Winner of the Annual Resident Research Day Award for best case report
- 2010** University of New Mexico Hospital, Winner of the Annual Resident Research Day Award for best case report
- 2009 - 2010** University of New Mexico Hospital, Resident physician member of the Task Force on Institutional Professionalism
- 2008 - 2009** Ponce School of Medicine, Student Member of the LCME Medical School Accreditation Committee; appointed by the President and Dean.
- 2008 - 2009** Ponce School of Medicine, Student Member of the Institutional Integrity Committee; appointed by the President and Dean.
- 2007 - 2010** Ponce School of Medicine, Student Member of the Admissions Committee; one of two medical students appointed by the President and Dean.
- 2007 - 2008** Ponce School of Medicine, Founding Member of the Surgical Education Interest Group.
- 2007 - 2008** Ponce School of Medicine, Founding Member and President of the Professional Medical Fraternity Alpha Kappa Pi
- 2007 - 2008** Ponce School of Medicine, Students Helping Students 2nd Year Representative, Elected position
- 2006 - 2009** Ponce School of Medicine, Vice-President of the Student Council, Elected position
- 2006** Henry Ford Hospital Summer Clinical/Research Fellow, Henry Ford Hospital Department of Surgery
- 2005 - 2008** Ponce School of Medicine, Public Relations Chairman of the Student Council, Elected Position
- 2004** University of Miami School of Medicine, Summer Minority Student Health Careers Motivation Program, University of Miami School of Medicine
- 2003 - 2004** North Carolina State University Standing Committee on Student Health, Student Representative
- 2003** PSI CHI-The National Honor Society in Psychology, NC State University Chapter

- 2002** The Order of 30 & 3, NC State University Honor Society
- 2002** Duke University Summer Pre-Medical Biomedical Sciences Institute, Duke University School of Medicine
- 2002** Minority Scholar, NCSU Multicultural Student Affairs
- 2001 - 2005** Park Scholar; selected during a national competition to receive a full scholarship to North Carolina State University. Award based on leadership and academic achievement.
- 2001-2002** Founder and President, NCSU Emergency Medical Services Organization
- 1999** Ambassador for South Florida to Hugh O'Brien Youth (HOBY) World Leadership Congress.
- 1999** Cited for Leadership and Community Service in *The Miami Herald* Newspaper
- 1999** Recipient of the Junior Class Leadership Award, Belen Jesuit Preparatory School

## **Work History**

- 01/17-Present** Zuri Plastic Surgery  
Owner and Attending Plastic Surgeon
- 06/17-8/2021** Xiluet Plastic Surgery, Attending Plastic Surgeon
- 05/15-05/17** MD Now Urgent Care Attending Physician
- 07/14-07/17** Plastic and Reconstructive Surgery Resident Physician  
Cleveland Clinic Hospital, Florida.
- 07/09 – 07/14** General Surgery Resident Physician, University of New Mexico Hospital  
Albuquerque, New Mexico.
- 08/02 – 06/05** Emergency Medical Technician, REX Healthcare Emergency Department  
Raleigh, North Carolina.
- 08/01-10/01** Emergency Room Technician, Baptist Hospital  
Miami, Florida.

## **Volunteer Service:**

- 2022-Present** Boy Scouts Den Leader, Pack 840
- 2017-Present** Physician mentor for local high school students interested in a career in medicine. Students come from Belen Jesuit Prep, Lourdes, Ransom, Carrollton, and Palmer Trinity.

- 2014-2017** Cleveland Clinic Physician Mentor- Served as a mentor to medical students and general surgery residents.
- 2012-2014** UNM Hospital Physician Mentor- Served as a mentor to college students for those interested in a career in healthcare. Students from the University of New Mexico became volunteers at UNM Hospital and were allowed to shadow me and my colleagues to allow for exposure to the realities of what it's like to be a surgeon.
- 2012-2013** Southwest Canine Corps of Volunteers- Certified my Labrador retriever as a therapy dog. Guinness and I would visit patients, once a month, at different nursing homes as well as at the UNM Children's Hospital.
- 2007 - 2009** Students Helping Students- This organization was created at Ponce School of Medicine in order to address the needs of the student body. I gave lectures on USMLE Step 1 techniques and shared important tips on improving the medical school academic experience.
- 2006 - 2009** Amor Que Sana (Love That Heals)-This is a free clinic that offers food, clothing, needle exchange, and medications for the indigent of Ponce, Puerto Rico. The individuals are mainly IV drug users and homeless. I served in the capacity as a medical student during my years in Ponce School of Medicine helping out mainly with the clinical aspects of the project.
- 2002 - 2005** Urban Ministries of Raleigh Open-Door Clinic- Served as a Lab Technician performing phlebotomy work as well as medical laboratory procedures. I volunteered 6 hours per month at the clinic, which serves the homeless and uninsured population of Raleigh, North Carolina.
- 2001 - 2005** NCSU Emergency Medical Services Organization- Created the organization in the fall of 2001 to provide college students the opportunity to become certified as emergency medical technicians as well as provide their services at university events.
- 2001 - 2004** Raleigh Rescue Mission-Assisted the organization with providing basic medical attention to the homeless living in downtown Raleigh, NC.
- 2001** NCSU EMS Middle School Service Project-Created and helped implement a middle school first aid awareness program to educate children in basic first aid techniques.
- 1998 - 2000** Belen Jesuit Missions- Participated in several missions of mercy to the Dominican Republic
- 1998 - 1999** Miami Children's Hospital- High school volunteer assistant to Dr. Ana Duarte in her pediatric dermatology clinic.
- 1997** Key Club-Florida Network of Youth and Family Services (Miami Bridge Center) - Mentored runaway teens, helping them develop coping skills. Hosted Thanksgiving and Christmas dinners at the center.



**1996** Key Club- Iodine Deficiency Disorder (I.D.D.) Project- Chaired committee and raised \$10,000 through fundraisers for the project, which helped create awareness of iodine deficiency in developing countries around the world.

**Current Memberships:**

American College of Surgeons  
American Society of Plastic Surgeons  
American Society of Aesthetic Plastic Surgeons  
Southeastern Society of Plastic and Reconstructive Surgeons  
American Academy of Cosmetic Surgeons

**Languages:** Fluent in English and Spanish

**Personal:** Born in Miami, Florida. Married.